

Opioid use disorder is a high-risk chronic illness.

FOR MORE INFORMATION Medications for Addiction Treatment (MAT) Counselor:

Scripps Mercy Hospital, San Diego UC San Diego Health
Tanya P. (858) 280-4551 Dennis W. (619) 471-9115
Scripps Mercy Hospital, Chula Vista
Robert T. (619) 272-1598



Stop being dependent on opioids such as:

- Street opioids (heroin)
- Prescription opioids (fentanyl, oxycodone, hydrocodone, codeine, morphine, etc.)

Access to this treatment is available for all patients regardless of income, insurance, race, creed, homelessness, or sexual preference.

This hospital is a safe space to talk about your substance use.



COME TO THE EMERGENCY DEPARTMENT:

UC San Diego Health
200 W. Arbor Drive, San Diego, CA 92103
Scripps Mercy Hospital, San Diego
4077 Fifth Avenue, San Diego, CA 92103
Scripps Mercy Hospital, Chula Vista
435 H Street, Chula Vista, CA 91910

LOCAL CLINICS WE WORK WITH:



FAMILY HEALTH CENTERS OF SAN DIEGO



LA MAESTRA COMMUNITY HEALTH CENTERS
City Heights • El Cajon • National City • Lemon Grove



Fashion Valley
Comprehensive Treatment Center
Opioid Use Disorder Program



SAN YSIDRO HEALTH



NEED HELP WITH HEROIN? OXY? OTHER PAIN PILLS?

MEDICATION CAN HELP
YOU STAY ALIVE.

YOU DON'T HAVE TO
FEEL SICK ANYMORE.

We Can Help.

Do you need help with substance use?

Ask yourself:

Has your lifestyle, living situation or quality of life been diminished due to substance use?

Do you experience withdrawal or take other substances to avoid and relieve these symptoms?

Do you need to take more opioids to achieve desired effect?

If you answer "yes" to these questions, you can get help now.

1. Simply check into the Emergency Department.
2. Ask to speak with a MAT Counselor.
3. Tell the doctor when you last used opioids.
4. The doctor may start you on medication (if in withdrawal) or provide a prescription for buprenorphine.
5. The MAT Counselor will help you find an outpatient MAT clinic.

START YOUR TREATMENT TODAY.

If you use opioids, ask for buprenorphine.

What is it like to take buprenorphine?

- Many people say that their cravings and withdrawal go away, they feel "clear in the head," and their chronic pain gets better.
- Every morning, you put a pill or a film strip under your tongue and let it dissolve.
- People need to take it every day in most cases, and do feel sick if they stop.
- Usually there are no side effects, but some people have headaches, stomach upset, or trouble sleeping.
- Many people keep taking it for years, or forever. If you want to stop, talk to your MAT clinic doctor.



California Bridge is a program of the Public Health Institute, striving for all people with substance use disorder to have 24/7 high-quality care in every California health system. Funding for CA Bridge is provided through the Substance Abuse and Mental Health Services Administration (SAMHSA) State Targeted Response to the Opioid Crisis Grant to the California Department of Health Care Services (DHCS). More information at BridgeToTreatment.org.



"Opioid addiction is a terrible medical condition, but there is treatment and there is hope. Please seek treatment and learn more."

— Emergency and Addiction physician, Roneet Lev, MD



We can help you prevent overdose deaths in the following ways:

- Provide Naloxone (Narcan).
- Reduce risk of infectious diseases/HIV transmission.
- Patients given medication for addiction treatment are twice as likely to remain in care as those who are given referral information alone.

We Can Help.