

# Overdoses are Preventable

## Stay Safe

1

### Use near someone who can check on you

Make sure someone is around to administer naloxone/Narcan if you overdose. **Never Use Alone Hotline 800-484-3731**



2

### Have naloxone nearby

Know the signs of an overdose. Be sure you, your friends, and family carry naloxone/Narcan. [Click here for more information on naloxone.](#)

3

### Call 911 first if there is an overdose

911 will instruct you on how to support the person's breathing. Stay with them until emergency personnel arrive.

### The Good Samaritan Law

When calling 911, the Good Samaritan Law provides certain legal protection, whether you have drugs with you or not.

4

### Practice harm reduction strategies

There are steps you can take to reduce your risk of overdose. Start with smaller amounts. Test drugs with strips for safety. Consider smoking/snorting over injecting. Use new syringes and seek care for wounds.

5

### Resources are available

- [SUOPT.org](http://SUOPT.org)
- [National Harm Reduction Coalition Website](#)
- For Medication Assisted Treatment and other resources, contact the Crisis and Access Line at 888-724-7240

